

Strength and energy depend on many factors



Hari: Nonsense. No more suspense.



Rajesh: Are you a vegetarian?

సంభాషణ సాదాసీదాగా సాగితే మజా పముంటుంది?
అయితే ప్రాసలతో ఆకట్టుకోవాలి.
పంచులతో అయినా కట్టిపడేయాలి. సరళంగానో,
ఘాటుగానో మీరు చెప్పడలుచుకున్న సంగతిని
ఎదుటి వ్యక్తికి కన్సిస్ట్ చేయాలి. నొప్పింపక,
తానొవ్వక తెలివిగా ఒప్పించగలిగామా సంభాషణలో
మీరు చతురులనే పేరు మూటగట్టుకోవచ్చు. ఈ
ఇద్దరు మిత్రుల ముచ్చట్లు చదవండి.
తిమ్మిని బమ్మి చేయకుండా ఉన్నది ఉన్నట్టుగా
ఎంత చక్కగా చెప్పాచ్చో
అర్థమవుతుంది.

ఇంగ్లీష్ మాట్లాడదాం



Hari: I feel very weak, Ra. How can I overcome my weakness?

Rajesh: I have wanted to talk one thing out to you for a long time. But ...

Hari: But what?

Rajesh: I hesitated on one or two occasions.

Hari: Why did you hesitate?

Rajesh: I thought you might take it amiss.

Hari: Am I not your friend?

Rajesh: You're my best friend, Ha! Promise me not to misunderstand me if I ...

Hari: Are you sentimental or mad?

Rajesh: Then let me ask you ...

Hari: Nonsense. No more suspense.

Rajesh: Are you a vegetarian?

Hari: Yes. An out-and-out vegetarian. What doubt could be there?

Rajesh: Have you never tried to eat meat?

Hari: No, not even once in my life.

Rajesh: Since childhood?

Hari: Since my birth. I was born in a family wedded to vegetarianism.

Rajesh: Can you shift now at least to non-vegetarian diet?

Hari: Not possible. Habits die hard. I have neither the inclination nor any such fancy.

Rajesh: If you were a nonvegetarian, you would not complain of any weakness.

Hari: Do you mean to say vegetarians are always weak and nonvegetarians are perennially strong?

Rajesh: You know that I eat meat. Do I have weakness?

Hari: Do you think you have a strong body?

Rajesh: Any doubt?

Hari: You're flabby and fat, not strong.

EXCELLENCE- EXERCISE

Neelesh: I love playing outdoor games. I play every day.

Achari: What do you play?

Neelesh: I play tennis on Monday, volleyball on Tuesday, football on Wednesday.

Achari: On the other days?

Neelesh: I play hockey on Thursday, basketball on Friday, cricket on Saturday and Sunday.

Achari: Do you play for excellence?

Neelesh: No. I play for exercise. What about you?

Achari: I play cards from Monday through Sunday. I play for entertainment.

Rajesh: I'm flabby and fat, and also strong and energetic. We get more energy from meat and fish and egg.

Hari: We too get proteins and other nutrition from vegetarian food.

Rajesh: What you get from leaves and roots, nuts and fruits, lentils and cereals in a week, we get from a small amount of meat in a day.

Hari: I don't believe in your theory. Much depends on your body constitution, metabolism, eating discipline, physical exertion and other factors.

Rajesh: Do you mean to say vegetarians can be stronger than nonvegetarians?

Hari: A silly question. Strength and energy depend on many factors. Am I wrong?

Rajesh: I don't think so. I'm not convinced.

Hari: Follow me. ...Look over there! What do you see?

Rajesh: An elephant!

Hari: What does it eat? And ... is it strong or not?



సూర్యారావు ఎం.వి.
వివేకానంద ఇన్స్టిట్యూట్ ఆఫ్ లాంగ్వేజెస్, రామకృష్ణ మఠం.